

WELLNESS

RedFit™ iGym

Product Highlights

RedFit™ iGym is the ultimate fusion of fitness and wellness—a multi-sensory infrared training environment that transforms any space into a high-performance recovery and workout space. Combining advanced infrared heat, chromotherapy, and bio-stacking, it delivers an experience that energizes the body, relieves mental stress, and elevates fitness results.

Product Features

INFRARED HEAT THERAPY

Advanced far and mid-infrared heaters deliver precise, adjustable heat—from ambient to 160°F (71°C)—creating the ideal environment for heat training. Exercising in heat boosts calorie burn, enhances flexibility, accelerates recovery, and promotes natural detoxification for a more effective workout.

VERSATILITY THAT FITS YOUR FACILITY

Portable benches can be easily removed to create open space for group sessions or used as flexible seating for recovery, stretching, or individual exercise.

A GYM WITHIN YOUR FACILITY

The built-in Smart TV transforms the space into a self-guided training zone, giving exercisers access to guided fitness workouts or the ability to stream their own content. This allows for a fully customizable experience that supports independent training and wellness programming.

QUICK HEAT, EFFICIENT WARMTH

Crafted from Canadian Hemlock, recognized for its superior heat transference properties, the wood effectively retains and radiates warmth, enabling the sauna to achieve optimal temperatures quickly.

BIO-STACKING INNOVATION

Designed to increase the efficacy of each session by incorporating additional natural energies including heat, other light wave lengths, stones, and minerals.



Specifications

Dimensions (W x D x H): 72 x 84 x 90 in / 183 x 213 x 229 cm

Square Footage: 42 ft² / 3.9 m²

Product Weight: 900 lb / 408 kg

Number of Red Lights: 12 LED modules (8 Color Wavelengths)

Max Temperature: 160°F / 71°C

Heaters: Carbon infrared heaters with segmented far and mid IR emitters

Natural Elements: Himalayan Salt, Jade, Bian, Pink Quartz, and Ferric Oxide

Wood: Canadian Hemlock

Accessories: Smart TV, Portable Benches, Gym Mat, EFit™ Fitness Resistance Platform

ADA Compliant: Optional

Hyper-Oxygen OxyOasis System: Optional

Electrical Requirements: Sauna: (2) Dedicated 220-240V / 20 Amp, NEMA L6-20P; Smart TV and/or OxyOasis: (2) 110-120V / 15 Amp, NEMA 5-15P

Warranty: Visit www.precor.com for warranty terms.