

RedFit™ Room / RedFit™ Room EVRY1

Product Highlights

RedFit™ Sauna is the ultimate fusion of fitness and wellness—a multi-sensory infrared training environment that transforms any space into a high-performance recovery and workout zone. By combining advanced infrared heat, chromotherapy, and bio-stacking, it delivers an experience that energizes the body, relieves mental stress, and elevates fitness results.

Product Features

INFRARED HEAT THERAPY

Advanced far and mid-infrared heaters deliver precise, adjustable heat—from ambient to 160°F (71°C)—creating the ideal environment for heat training. Exercising in heat boosts calorie burn, enhances flexibility, accelerates recovery, and promotes natural detoxification for a more effective workout.

VERSATILITY THAT FITS YOUR FACILITY

Portable benches provide flexible seating for recovery or can be removed for group sessions, while the built-in Smart TV offers access to guided fitness workouts or the option to stream your own training content for a fully customized experience.

QUICK HEAT, EFFICIENT WARMTH

Crafted from Canadian Hemlock, recognized for its superior heat transference properties, the wood effectively retains and radiates warmth, enabling the sauna to achieve optimal temperatures quickly.

BIO-STACKING INNOVATION

Designed to increase the efficacy of each session by incorporating additional natural energies including heat, other light wave lengths, stones, and minerals.

REDFIT ROOM EVRY1

This ADA-complete configuration meets all relevant accessibility standards, featuring open floor space for maneuverability, a lower door threshold, an extra-wide door opening, and a relocated control panel for improved reachability. These enhancements are engineered to support inclusive fitness environments and ensure access for all exercisers.



Specifications

Dimensions (W x D x H): 84 x 108 x 90 in / 213 x 274 x 229 cm

Square Footage: 63 ft² / 5.8 m²

Product Weight: 1100 lb / 499 kg

Number of Red Lights: 16 LED modules (8 Color Wavelengths)

Max Temperature: 160°F / 71°C

Heaters: Carbon infrared heaters with segmented far and mid IR emitters

Natural Elements: Himalayan Salt, Jade, Bian, Pink Quartz, and Ferric Oxide

Wood: Canadian Hemlock

Accessories: Smart TV, Portable Benches, Gym Mat (6' x 5'), (2) EFit™ Fitness Resistance Platform

ADA Compliant: RedFit Room EVRY1

Hyper-Oxygen OxyOasis System: Optional

Electrical Requirements: Sauna: (2) Dedicated 220-240V / 20 Amp, NEMA L6-20P; Smart TV and/or OxyOasis: (2) 110-120V / 15 Amp, NEMA 5-15P

Warranty: Visit www.precor.com for warranty terms.