

## WELLNESS

# RedFit™ Room / RedFit™ Room EVRY1

## Product Highlights

RedFit™ Sauna is the ultimate fusion of fitness and wellness—a multi-sensory infrared training environment that transforms any space into a high-performance recovery and workout zone. By combining advanced infrared heat, chromotherapy, and bio-stacking, it delivers an experience that energizes the body, relieves mental stress, and elevates fitness results.

## Product Features

### INFRARED HEAT THERAPY

Advanced far and mid-infrared heaters deliver precise, adjustable heat—from ambient to 160°F (71°C)—creating the ideal environment for heat training. Exercising in heat boosts calorie burn, enhances flexibility, accelerates recovery, and promotes natural detoxification for a more effective workout.

### VERSATILITY THAT FITS YOUR FACILITY

Portable benches provide flexible seating for recovery or can be removed for group sessions, while the built-in Smart TV offers access to guided fitness workouts or the option to stream your own training content for a fully customized experience.

### QUICK HEAT, EFFICIENT WARMTH

Crafted from Canadian Hemlock, recognized for its superior heat transference properties, the wood effectively retains and radiates warmth, enabling the sauna to achieve optimal temperatures quickly.

### BIO-STACKING INNOVATION

Designed to increase the efficacy of each session by incorporating additional natural energies including heat, other light wave lengths, stones, and minerals.

### REDFIT ROOM EVRY1

This ADA-complete configuration meets all relevant accessibility standards, featuring open floor space for maneuverability, a lower door threshold, an extra-wide door opening, and a relocated control panel for improved reachability. These enhancements are engineered to support inclusive fitness environments and ensure access for all exercisers.



## Specifications

**Dimensions (W x D x H):** 84 x 108 x 90 in / 213 x 274 x 229 cm

**Square Footage:** 63 ft<sup>2</sup> / 5.8 m<sup>2</sup>

**Product Weight:** 1100 lb / 499 kg

**Number of Red Lights:** 16 LED modules (8 Color Wavelengths)

**Max Temperature:** 160°F / 71°C

**Heaters:** Carbon infrared heaters with segmented far and mid IR emitters

**Natural Elements:** Himalayan Salt, Jade, Bian, Pink Quartz, and Ferric Oxide

**Wood:** Canadian Hemlock

**Accessories:** Smart TV, Portable Benches, Gym Mat (6' x 5'), (2) EFit™ Fitness Resistance Platform

**ADA Compliant:** RedFit Room EVRY1

**Hyper-Oxygen OxyOasis System:** Optional

**Electrical Requirements:** Sauna: (2) Dedicated 220-240V / 20 Amp, NEMA L6-20P; Smart TV and/or OxyOasis: (2) 110-120V / 15 Amp, NEMA 5-15P

**Warranty:** Visit [www.precor.com](http://www.precor.com) for warranty terms.

## WELLNESS

# RedFit™ iGym

## Product Highlights

RedFit™ iGym is the ultimate fusion of fitness and wellness—a multi-sensory infrared training environment that transforms any space into a high-performance recovery and workout space. Combining advanced infrared heat, chromotherapy, and bio-stacking, it delivers an experience that energizes the body, relieves mental stress, and elevates fitness results.

## Product Features

### INFRARED HEAT THERAPY

Advanced far and mid-infrared heaters deliver precise, adjustable heat—from ambient to 160°F (71°C)—creating the ideal environment for heat training. Exercising in heat boosts calorie burn, enhances flexibility, accelerates recovery, and promotes natural detoxification for a more effective workout.

### VERSATILITY THAT FITS YOUR FACILITY

Portable benches can be easily removed to create open space for group sessions or used as flexible seating for recovery, stretching, or individual exercise.

### A GYM WITHIN YOUR FACILITY

The built-in Smart TV transforms the space into a self-guided training zone, giving exercisers access to guided fitness workouts or the ability to stream their own content. This allows for a fully customizable experience that supports independent training and wellness programming.

### QUICK HEAT, EFFICIENT WARMTH

Crafted from Canadian Hemlock, recognized for its superior heat transference properties, the wood effectively retains and radiates warmth, enabling the sauna to achieve optimal temperatures quickly.

### BIO-STACKING INNOVATION

Designed to increase the efficacy of each session by incorporating additional natural energies including heat, other light wave lengths, stones, and minerals.



## Specifications

**Dimensions (W x D x H):** 72 x 84 x 90 in / 183 x 213 x 229 cm

**Square Footage:** 42 ft<sup>2</sup> / 3.9 m<sup>2</sup>

**Product Weight:** 900 lb / 408 kg

**Number of Red Lights:** 12 LED modules (8 Color Wavelengths)

**Max Temperature:** 160°F / 71°C

**Heaters:** Carbon infrared heaters with segmented far and mid IR emitters

**Natural Elements:** Himalayan Salt, Jade, Bian, Pink Quartz, and Ferric Oxide

**Wood:** Canadian Hemlock

**Accessories:** Smart TV, Portable Benches, Gym Mat, EFit™ Fitness Resistance Platform

**ADA Compliant:** Optional

**Hyper-Oxygen OxyOasis System:** Optional

**Electrical Requirements:** Sauna: (2) Dedicated 220-240V / 20 Amp, NEMA L6-20P; Smart TV and/or OxyOasis: (2) 110-120V / 15 Amp, NEMA 5-15P

**Warranty:** Visit [www.precor.com](http://www.precor.com) for warranty terms.