GLUTEBUILDER® SELECTORIZED

Dual 45 Hip Extension

GSL0724



Developed in partnership with Glutebuilder and exclusively available from Precor, the Glutebuilder Selectorized line delivers targeted glute, leg, and hip training equipment in a space-efficient design. The precision biomechanics guide exercisers through a controlled, consistent motion path designed to maximize muscle engagement and support proper joint alignment. The multiple adjustment points and integrated weight stack allow exercisers to personalize fit and resistance, creating an approachable experience focused on lower-body training.

The Selectorized Dual 45 Hip Extension delivers targeted glute and hamstring training through two distinct 45-degree exercise positions. An integrated weight stack provides smooth, controlled resistance, while multiple touchpoints help exercisers find a stable, personalized setup and full range of motion. Its space-efficient design makes focused posterior-chain training more approachable without compromising movement quality.








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Product Features

DUAL TRAINING POSITIONS

Two non-slip foot platforms allow exercisers to target the glutes and hamstrings through different movement patterns. The extended-leg position emphasizes hamstring and glute training, while the bent-knee position reduces hamstring involvement for more focused glute activation.

PERSONALIZED RANGE OF MOTION

Adjustable roller pads and rotating grips allow exercisers to customize their position and range of motion. Positioning can be adjusted to support a deeper stretch and effective working range based on body size and training preference.

STABLE, SUPPORTED POSITIONING

Angled thigh pads and adjustable roller pads help maintain proper body positioning and secure the legs throughout the movement. Gas-assisted thigh pad adjustment makes it easier to set the machine for different exerciser heights.

EXERCISE PROGRESSION

Integrated band pegs allow exercisers to add resistance at the end range of motion, increasing the training challenge as the glutes reach peak contraction.



Specifications

Dimensions (L x W x H): 72 x 44 x 57 in / 183 x 112 x 145 cm
Weight Stack Tower Height: 58 in / 148 cm
Product Weight: 531 lb / 241 kg
Weight Stack: 280 lb / 127 kg

Frame and Finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments.
Powder coated frame.
Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame

Black Pearl
Gloss Metallic Silver
Gloss White**
Flame Red**

Upholstery

Black

Additional Upholstery Options**

Lite Grey
Graphite
Slate
American Beauty
Candy Apple
All Spice
Bucksuede
Burgundy
Royal Blue
Blue Jay
Chocolate
Hunter Green

*Custom frame colors are available, subject to minimum order quantities and extended lead times.

**Additional lead time applies.

• Additional upholstery options may have longer lead times. Please contact a sales representative.
• Colors may vary.

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