

GLUTEBUILDER® SELECTORIZED

# Kneeling Glute Isolator III

GSL0363



Developed in partnership with Glutebuilder and exclusively available from Precor, the Glutebuilder Selectorized line delivers targeted glute, leg, and hip training equipment in a space-efficient design. The precision biomechanics guide exercisers through a controlled, consistent motion path designed to maximize muscle engagement and support proper joint alignment. The multiple adjustment points and integrated weight stack allow exercisers to personalize fit and resistance, creating an approachable experience focused on lower-body training.

The Selectorized Kneeling Glute Isolator is designed to isolate and engage the glutes through the full hip extension in a stable, upright, supported training position. Large knee and shoulder pads enhance comfort and control, prioritizing glute activation. Its controlled motion path and integrated weight stack deliver smooth, consistent resistance, while intentional adjustment points make setup accessible for a wide range of exercisers.



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[PRECOR.COM](https://www.precor.com)

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## Product Features

### PRECISION BIOMECHANICS

The guided motion path minimizes quad and hamstring involvement, helping isolate the glutes throughout the movement. The hip pad maintains consistent engagement during hip extension, supporting a controlled, full range of motion.

### MULTIPLE ADJUSTMENT POINTS

The large knee pad, shoulder pad, and foot bar adjust to accommodate different body types, promoting proper alignment and providing stability during the exercise.

### SPACE SAVING DESIGN

A compact design delivers focused glute training within an efficient space-saving profile.

### APPROACHABLE DESIGN

Integrated weight stack and clearly defined adjustment points.

### EXERCISE PROGRESSION

Connection points for resistance bands offer exercisers the ability to add additional challenge to the movement.



## Specifications

**Dimensions (L x W x H):** 55 x 53 x 57 in / 140 x 135 x 145 cm

**Weight Stack Tower Height:** 58 in / 148 cm

**Product Weight:** 384 lb / 174 kg

**Weight Stack:** 280 lb / 127 kg

**Starting Weight:** 31 lb / 14 kg

**Frame and Finish:** Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder coated frame.

**Warranty:** Visit [www.precor.com](http://www.precor.com) for warranty terms.

## Color Options\*

### Frame

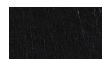


Black Pearl    Gloss Metallic Silver



Gloss White\*\*    Flame Red\*\*

### Upholstery



Black

### Additional Upholstery Options\*\*



Lite Grey    Graphite    Slate    American Beauty    Candy Apple    All Spice



Bucksuede    Burgundy    Royal Blue    Blue Jay    Chocolate    Hunter Green

\*Custom frame colors are available, subject to minimum order quantities and extended lead times.

\*\*Additional lead time applies.

• Additional upholstery options may have longer lead times. Please contact a sales representative.  
• Colors may vary.

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