

GLUTEBUILDER® SELECTORISED

Kneeling Glute Isolator III

GSL0363



Developed in partnership with Glutebuilder and exclusively available from Precor, the Glutebuilder Selectorised line delivers targeted glute, leg and hip training equipment in a space-efficient design. The precision biomechanics guide exercisers through a controlled, consistent motion path designed to maximise muscle engagement and support proper joint alignment. The multiple adjustment points and integrated weight stack allow exercisers to personalise fit and resistance, creating an approachable experience focused on lower-body training.

The Selectorised Kneeling Glute Isolator is designed to isolate and engage the glutes through the full hip extension in a stable, upright, supported training position. Large knee and shoulder pads enhance comfort and control, prioritising glute activation. Its controlled motion path and integrated weight stack deliver smooth, consistent resistance, while intentional adjustment points make setup accessible for a wide range of exercisers.



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PRECOR EXCLUSIVE PARTNER

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Product features

PRECISION BIOMECHANICS

The guided motion path minimises quad and hamstring involvement, helping isolate the glutes throughout the movement. The hip pad maintains consistent engagement during hip extension, supporting a controlled, full range of motion.

MULTIPLE ADJUSTMENT POINTS

The large knee pad, shoulder pad and foot bar adjust to accommodate different body types, promoting proper alignment and providing stability during the exercise.

SPACE-SAVING DESIGN

A compact design delivers focused glute training within an efficient space-saving profile.

APPROACHABLE DESIGN

Integrated weight stack and clearly defined adjustment points.

EXERCISE PROGRESSION

Connection points for resistance bands offer exercisers the ability to add additional challenge to the movement.



Specifications

Dimensions (L x W x H): 140 x 135 x 145 cm

Weight stack tower height: 148 cm

Product weight: 174 kg

Weight stack: 127 kg

Starting weight: 14 kg

Frame and finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder-coated frame.

Warranty: Visit www.precor.com for warranty terms.

Colour options*

Frame



Black Pearl

Gloss Metallic Silver



Gloss White**

Flame Red**

Upholstery



Black

Additional upholstery options**



Lite Grey

Graphite

Slate

American Beauty

Toffee Apple

All Spice



Bucksuede

Burgundy

Royal Blue

Blue Jay

Chocolate

Hunter Green

*Custom frame colours are available, subject to minimum order quantities and extended lead times.

** Additional lead time applies.

• Additional upholstery options may have longer lead times. Please contact a sales representative.
• Colours may vary.

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