

GLUTEBUILDER® PLATE LOADED

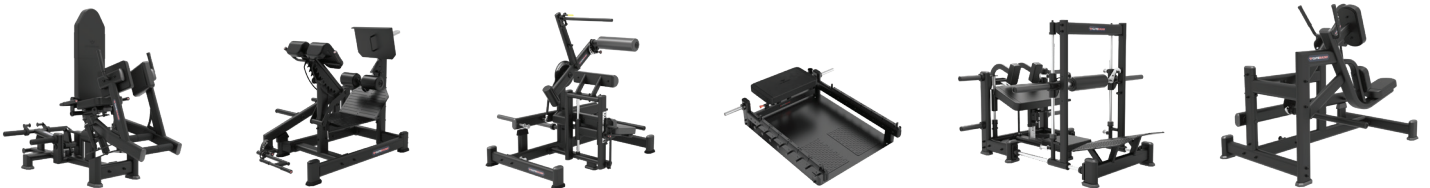
Glute Press

GPL0604



Developed in partnership with Glutebuilder and exclusively available from Precor, the Glutebuilder line is a full range of products dedicated to targeting the glutes, legs and hip muscles. The precision biomechanics create an exact motion path with smooth, constant resistance, ensuring effective and efficient workouts. The multiple adjustment points allow exercisers to find the perfect fit and range of motion for each exercise.

The Glute Press was designed to target the hips, glutes and quads. The four weight-loading points enable exercisers to optimise resistance throughout the range of motion, allowing for adjustment to lighter or heavier loads at different stages of the movement. The adjustable multi-angle backrest provides exerciser versatility, as well as offering comfortable and efficient workouts for a wide range of exercisers.



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Glute Press III

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Product features

PRECISION BIOMECHANICS

A unique downward curved motion path specifically targets the hips and glutes, and multiple weight plate-loading points provide an adjustable resistance profile.

OVERSIZED FOOTPLATE

Unlike traditional leg presses, the adjustable shoulder pads and oversized non-slip footplate offer exercisers stability throughout the movement while providing the option for single-leg variations.

PERSONALISED RANGE OF MOTION

The unique multi-angle backrest features four easily adjustable positions that enable targeted emphasis to shift between the glute and quadriceps muscles, providing a customised range of motion along with easy entry and exit.

EXERCISE PROGRESSION

Connection points for resistance bands offer exercisers the ability to add additional challenge to the movement.



Specifications

Dimensions (L x W x H): 231 x 141 x 147 cm

Product weight: 318 kg

Max. user weight: 159 kg

Max. lift load capacity: 300 kg

Starting weight: 18 kg

Weight storage horns: 4

Recommended plates: 4 x 20 kg, 2 x 15 kg, 2 x 10 kg, 2 x 5 kg

Frame and finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder-coated frame.

Warranty: Visit www.precor.com for warranty terms.

Colour options*

Frame



Black Pearl



Gloss Metallic Silver



Gloss White**



Flame Red**

Upholstery



Black

Additional upholstery options**



Lite Grey



Graphite



Slate



American Beauty



Toffee Apple



All Spice



Bucksuede



Burgundy



Royal Blue



Blue Jay



Chocolate



Hunter Green

*Custom frame colours are available, subject to minimum order quantities and extended lead times.

** Additional lead time applies.

• Additional upholstery options may have longer lead times. Please contact a sales representative.

• Colours may vary.

** Additional lead time applies.