

DISCOVERY™ STRENGTH PLATE LOADED

# Hack Squat

DPL0603



The unique seat design of the Discovery Strength Plate Loaded Hack Squat places the exerciser in a more natural and comfortable upright position. Designed to place resistance load directly on the hips, ensures better stabilization and enhanced engagement of lower body muscles.

Precision-engineered for durability and peak performance, Discovery Strength Plate Loaded products are made to impress and built to last. With optimized movement paths, intuitive design, and a high load capacity, these strength-training machines deliver results for exercisers of all abilities, giving you the confidence to invest in strength that performs.



## DISCOVERY™ STRENGTH PLATE LOADED

# Hack Squat

## DPL0603

### Product Features

#### NATURAL BODY POSITIONING

The upright body positioning of the unique “hip sled” design loads the resistance on the hips instead of the spine, resulting in a comfortable, effective, and targeted lower body exercise.

#### NON-SLIP FOOT PLATFORM

The non-slip, flattened foot platform provides stable positioning for constant foot contact throughout the range of motion. The added calf raise lip provides a purposeful edge to perform calf raise exercises.

#### EASY-TO-USE ADJUSTMENTS

An open access seat with conveniently positioned handles and an intuitive “On/Off” carriage lock lever create a product that a wide range of exercisers can use effectively and with confidence.

#### WEIGHT PLATE STORAGE

Weight plate storage is optimized for easy loading and unloading with weight plate horns positioned at a height that is within reach for a wide range of exercisers.

#### INSTRUCTIONAL PLACARD

Easy-to-understand, large, text-free illustrations demonstrate correct form at a glance and a QR code links to a helpful 30-second instructional video.



### Specifications

**Dimensions (L x W x H):** 82 x 64 x 58 in / 208 x 162 x 148 cm

**Product Weight:** 485 lb / 220 kg

**Starting Weight:** 89 lb / 40 kg

**Weight Storage Horns:** 4

**Max Lift Load Capacity:** 720 lb / 327 kg

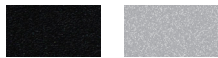
**Recommended Plates:** 2 x 10 lb, 2 x 25 lb, 6 x 45 lb

**Frame and Finish:** Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder coated frame.

**Warranty:** Visit [www.precor.com](http://www.precor.com) for warranty terms.

### Color Options\*

#### Frame



Black Pearl    Gloss Metallic Silver



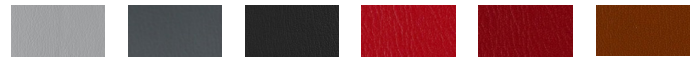
Gloss White\*\*    Flame Red\*\*

#### Upholstery



Black

#### Additional Upholstery Options\*\*



Lite Grey    Graphite    Slate    American Beauty    Candy Apple    All Spice



Bucksuede    Burgundy    Royal Blue    Blue Jay    Chocolate    Hunter Green

\*Custom frame colors are available, subject to minimum order quantities and extended lead times.

\*\*Additional lead time applies.

• Additional upholstery options may have longer lead times. Please contact a sales representative.  
• Colors may vary.

\*\* Additional lead time applies.