

DISCOVERY™ STRENGTH PLATE LOADED

# Leg Curl

DPL0561



The innovative, adjustment-free design of the Discovery Strength Plate Loaded Leg Curl allows the exerciser to easily move from the right to left leg without making any adjustments. The kneeling configuration creates a superior movement path with a smooth feel and increased muscle contraction.

Precision-engineered for durability and peak performance, Discovery Strength Plate Loaded products are made to impress and built to last. With optimized movement paths, intuitive design, and a high load capacity, these strength-training machines deliver results for exercisers of all abilities, giving you the confidence to invest in strength that performs.



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## Product Features

### INDEPENDENT MOVEMENT

Independent movement demands greater balance and muscle engagement. The resistance strength curves are tailored to match the body's natural force curves, providing the most effective load during the exercise.

### LOW START WEIGHT

With a start weight of 11 lb / 5 kg, the Leg Curl offers low starting resistance for first-time exercisers and rehabilitation applications and up to 180 lb / 82 kg of weight for the most seasoned exercisers.

### ADJUSTMENT-FREE DESIGN

A streamlined design allows the exerciser to easily move from the right to left leg without needing to make any adjustments.

### INSTRUCTIONAL PLACARD

Easy-to-understand, large, text-free illustrations demonstrate correct form at a glance and a QR code links to a helpful 30-second instructional video.



## Specifications

**Dimensions (L x W x H):** 48 x 66 x 55 in / 122 x 167 x 140 cm

**Product Weight:** 331 lb / 150 kg

**Starting Weight:** 11 lb / 5 kg

**Max Lift Load Capacity:** 225 lb / 102 kg

**Frame and Finish:** Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder coated frame.

**Warranty:** Visit [www.precor.com](http://www.precor.com) for warranty terms.

## Color Options\*

### Frame

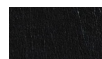


Black Pearl    Gloss Metallic Silver



Gloss White\*\*    Flame Red\*\*

### Upholstery



Black

### Additional Upholstery Options\*\*



Lite Grey    Graphite    Slate    American Beauty    Candy Apple    All Spice



Bucksuede    Burgundy    Royal Blue    Blue Jay    Chocolate    Hunter Green

\*Custom frame colors are available, subject to minimum order quantities and extended lead times.

\*\*Additional lead time applies.

• Additional upholstery options may have longer lead times. Please contact a sales representative.  
• Colors may vary.

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