

DISCOVERY™ STRENGTH PLATE LOADED

Low Row

DPL0308



The Discovery Strength Plate Loaded Low Row is designed to replicate the motion of a bent-over dumbbell row. The independent movement of the Low Row engages the exerciser's lower back and core muscles to improve balance and functional strength, delivering a more effective workout.

Precision-engineered for durability and peak performance, Discovery Strength Plate Loaded products are made to impress and built to last. With optimized movement paths, intuitive design, and a high load capacity, these strength-training machines deliver results for exercisers of all abilities, giving you the confidence to invest in strength that performs.



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Product Features

INDEPENDENT MOVEMENT ARMS

Designed to demand greater balance and core muscle engagement, the independent arm resistance, and diverging movement path provide a greater range of motion.

RATCHETING SEAT ADJUSTMENT

The ratcheting, gas-assisted seat adjustment features an ergonomic, over-molded rubber adjustment handle, making it easy and comfortable for exercisers to get the right fit.

WEIGHT STORAGE HORNS

The four weight horns are optimally positioned for easy load and unload and provide storage for over 600 lb / 272 kg of weight plates.

INSTRUCTIONAL PLACARD

Easy-to-understand, large, text-free illustrations demonstrate correct form at a glance and a QR code links to a helpful 30-second instructional video.



Specifications

Dimensions (L x W x H): 61 x 51 x 67 in / 155 x 130 x 171 cm

Product Weight: 344 lb / 156 kg

Starting Weight: 15 lb / 6.5 kg

Weight Storage Horns: 4

Max Lift Load Capacity: 450 lb / 204 kg

Recommended Plates: 2 x 10 lb, 2 x 25 lb, 4 x 45 lb

Accessories: Rubber Feet

Frame and Finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame



Black Pearl



Gloss Metallic Silver



Gloss White**



Flame Red**

Upholstery



Black

Additional Upholstery Options**



Lite Grey



Graphite



Slate



American Beauty



Candy Apple



All Spice



Bucksuede



Burgundy



Royal Blue



Blue Jay



Chocolate



Hunter Green

*Custom frame colors are available, subject to minimum order quantities and extended lead times.

**Additional lead time applies.

• Additional upholstery options may have longer lead times. Please contact a sales representative.
• Colors may vary.

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