# DISCOVERY™ STRENGTH BENCHES & RACKS

# Power Rack **III DBR0610**



The foundation of any facility, the Discovery Strength Power Rack, is the perfect tool for seasoned lifters and those new to strength training. The enhanced functional capability of the Power Rack allows for the use of bands, chains, torso trainers, battle ropes, suspension fitness training, and more, along with traditional Power Rack exercises.

Engineered for biomechanical precision and built to withstand high-volume use, Discovery Benches and Racks offer a robust solution for strength training environments. Each piece combines intelligent design with functional durability to empower exercisers of all levels to train with confidence.













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# Power Rack **///** DBR0610

# Product Features

#### **STORAGE**

The ten weight storage horns neatly accommodate bumper plates. The Olympic Bar and functional apparatus storage is conveniently positioned to enhance accessibility.

#### **DUAL CHIN-UP/PULL-UP HANDLES**

Dual Chin-Up and Pull-Up Handles with step-up and weight assist band hooks allow for numerous chin-up and pull-up opportunities for a wide range of exercisers.

#### **SECURE & STURDY**

The heavy-duty, fully welded dual-pin system on the bar catches and safety rails provide maximum durability, stability and ease of adjustment. Both feature quick changeover, high impact, polyurethane covers and inserts to protect all wear surfaces from metal-on-metal contact, preserving the paint finish of the Power Rack.

#### STRAIGHT BAR

A smooth, straight Pull-Up/Chin-Up bar allows for kipping style pullups, chin-ups, and muscle-ups, as well as a convenient anchor point for suspension fitness training apparatuses.

### **OPTIONAL BAND PEGS**

Pegs allow for the use of loop style bands to add progressive resistance to barbell training movements.

### **RUBBERIZED STEP-UPS**

Convenient steps allow for easier access to the Chin-Up/Pull-Up stations and are dipped to enhance durability and provide a slipresistant surface. The step is angled to create a convenient Olympic Bar storage point and catch for performing deadlift exercises. The round gusset beneath the step-up allows for the anchoring of battle ropes.

# Specifications

Dimensions (L x W x H): 83 x 63 x 98.5 in / 206 x 160 x 250 cm

Product Weight: 613 lb / 278 kg Max Lift Load Capacity: 800 lb / 363 kg

Max Storage Weight: 1800 lb / 817 kg

**Recommended Plates:** 2 x 5 lb, 4 x 10 lb, 4 x 25 lb, 4 x 35 lb, 6 x 45 lb

Optional Accessories: Band Peg Kit, Combo Rack Connector Kit, Sideby-Side Connector Kit, Dip Station, Torso Trainer, Reverse Bar Catches, Lifting Platform (4 in / 10 cm thick; Platform: 98 in W x 72 in D / 249 cm x 183 cm; Insert: 40 in W x 69 in D / 102 cm x 175 cm), Optional custom logo for lifting platform is available at an additional cost.

Frame and Finish: Frame and Finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.



# Color Options\*

## Frame







Black Pearl

Gloss Metallic Gloss White\*\*

\*Custom frame colors are available, subject to minimum order quantities and extended lead times.

\*\*Additional lead time applies.

