

Olympic Shoulder Press Bench

DBR0507



The strong and sturdy Discovery Series Olympic Shoulder Press Bench provides optimal exerciser positioning to execute overhead shoulder press movements. Thoughtful additions like the non-slip spotter platform to support proper spotter positioning.

Engineered for biomechanical precision and built to withstand high-volume use, Discovery Benches and Racks provide a robust solution for strength training environments. Each piece combines intelligent design with functional durability to empower exercisers of all levels to train with confidence.



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Product features

BENCH DESIGN

The angled upright bench enables easy picking up of the Olympic Bar with an unencumbered range of motion and minimal external rotation of the shoulder joint. The tapered seat allows the exerciser to establish a comfortable "three-point" stance position that increases stability during lifts.

EASY-TO-USE ADJUSTMENTS

The adjustable seat and front and rear bar catches provide proper fit and take-off point for a wide range of exercisers.

WEAR GUARDS

High-impact, polyurethane wear guards help protect the bench and Olympic Bar from metal-on-metal contact and are segmented for easy replacement.

BUILT-IN STORAGE

The four conveniently positioned weight storage horns accommodate Olympic and Bumper-style plates without overlap, providing quick and easy access.

PAD BACKING PLATES

Injection moulded pad backing plates help protect the seat and back pad edges from wear and tear.



Specifications

Dimensions (L x W x H): 135.5 x 162 x 183 cm

Product weight: 136.3 kg

Max. user weight: 159 kg

Max. lift load capacity: 227 kg

Weight storage horns: 8

Max. storage weight: 400 kg

Recommended plates: 2 x 2.5 kg, 2 x 5 kg, 2 x 10 kg, 2 x 15 kg, 4 x 20 kg

Frame and finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder-coated frame.

Warranty: Visit www.precor.com for warranty terms.

Colour options*

Frame



Black Pearl



Gloss Metallic Silver



Gloss White**



Flame Red**

Upholstery



Black

Additional upholstery options**



Lite Grey



Graphite



Slate



American Beauty



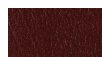
Toffee Apple



All Spice



Bucksuede



Burgundy



Royal Blue



Blue Jay



Chocolate



Hunter Green

*Custom frame colours are available, subject to minimum order quantities and extended lead times.

** Additional lead time applies.

• Additional upholstery options may have longer lead times. Please contact a sales representative.
• Colours may vary.

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