

## CARDIO

# Adaptive Motion Trainer®

## AMT® 865

### Product Highlights

The AMT® 865 combines essential reliability and ease-of-use with smooth, flowing, and precise motion to add value to your facility. The AMT with Open Stride™ is the only variable stride cardio equipment with adjustable step height, allowing exercisers to train in a variety of stride paths, including running, jogging, and stepping. With one piece of equipment that creates an array of movement patterns, you can maximize valuable floor space and help exercisers stay engaged in their workouts.

### Product Features

#### P62 TOUCHSCREEN CONSOLE

The P62 console features personalized viewing and the remarkable clarity of TV and internet options that exercisers crave, all in a 10 in / 25.4 cm screen. With the ability to "favorite" selections for the future, exercisers can customize their workout experience based on what's important to them.

#### OPEN STRIDE™

Open Stride™ is a unique feature that allows exercisers not only to dynamically adapt their stride length from zero to 36 inches (0 to 91 cm), but also to adjust their stride height from 6.8 to 10 in (17 to 25 cm), providing an infinite range of stride paths to engage several muscle groups. Open Stride™ can be adjusted from level 1 to 5 with the tactile motion controls.

#### HANDLEBARS FIT EVERYONE

The tapered moving handlebars provide a comfortable fit for nearly every exerciser. The stationary grip has a heart rate sensor built-in that provides monitoring and a stable, comfortable position when focusing on the lower body.

#### TOTAL BODY WORKOUT IN ONE PIECE OF EQUIPMENT

Exercisers can go from short stride to long stride, walking to running, and climbing to striding, allowing them to target different muscle groups. Pushing and pulling the moving handlebars will engage the upper body, resulting in a total body workout.

### Specifications

**Dimensions (L x W x H):** 80 x 35 x 73 in / 203 x 89 x 186 cm

**Product Weight:** 422 lb / 191 kg

**Max User Weight:** 350 lb / 159 kg

**Power:** US & Canada: 120V/15A;

International: 240V, applicable country-specific power cord

**Total Workouts:** 12

**Resistance Levels:** 20

**Adjustable Stride Length:** 0 - 36 in / 0 - 91 cm

**Stride Height:** 6.8 - 10 in / 17 - 25 cm (Five levels)

**Language:** English, Danish, Dutch, French, Finnish, German, Italian, Japanese, Korean, Norwegian, Polish, Portuguese, Russian, Simplified Chinese, Spanish, Swedish, Traditional Chinese, Turkish

**Network Capabilities:** Preva® network capable

**Console Features:** 10 in / 25.4 cm LCD Capacitive Touch Screen  
Mobile Device Charger and Audio Jack

**Accessories:** Integrated Reading Rack (Standard),  
Cable Management (Optional)

**Warranty:** Visit [www.precor.com](http://www.precor.com) for warranty terms.



Black Pearl

\*The heart rate feature is intended for reference only. They may not be accurate for every user or at every intensity and are not intended for use as a medical device.