

R10

LCD CONSOLE

Console Highlights

Our R10 console is exclusively offered on our 200 Line TRM 211 Treadmill. It is a no-nonsense display, that is easy to use during your walk, jog, or run.

It features a blue and white LCD display with Quick Start and six preset workouts. For easy navigation, all on board controls are accessible from membrane switch keys.

Console Features

Electronic Readouts

You'll have access to these metrics during your workout: time elapsed/remaining, distance, calories, heart rate*, pace, speed, incline, SmartRate zone*, program profile, program name, and workout percentage complete.

Preset Workouts

The R10 console on the TRM 211 Treadmill offers you the choice of six preset workouts: manual, weight loss, interval, hill climb, walk, and a 10K fun run.

SmartRate®

Track your heart rate* using the touch heart rate sensors on your TRM 211 Treadmill to measure your different SmartRate® zones - warm-up, fat burn, cardio, and high peak - directly on the display.



Warranty: Visit www.precorathome.com

* Use of touch-sensitive heart rate grips is required. The heart rate and SmartRate® features are intended for reference only. They may not be accurate for every user or at every intensity and are not intended for use as a medical device.