

CARDIO

Elliptical Fitness Crosstrainer® III

EFX® 685

Product Features

ADJUSTABLE CROSSRAMP®

Our patented CrossRamp® technology allows exercisers to isolate lower-body muscle groups with adjustable incline angles ranging from 10 to 35 degrees. Exercisers can easily target glutes, quadriceps, and calves to create a well-rounded workout tailored to their fitness goals. Large open pedals, a low step-over height, and an accessible 10-degree starting angle make it simple for beginners to get started.

P84 TOUCHSCREEN CONSOLE

The P84 console features a brilliant 16-inch touchscreen that combines performance, entertainment, and workout variety. Exercisers can enjoy seamless wireless casting that provides access to thousands of third-party fitness and media apps. They can also stream content through fully integrated PlutoTV, Netflix and YouTube apps—putting the content they want, right at their fingertips.

HANDLEBARS

The moving handlebars deliver a full-body workout with every session. Fixed grips provide stability and confidence for exercisers focused on lower-body training, making the EFX adaptable for all fitness levels.

STEP-UP HEIGHT & PEDAL SPACING

The low step-up height improves accessibility and the optimized pedal spacing provides a more natural and comfortable feel.

COVERED REAR DRIVE HOUSING

Experience easy maintenance with a covered rear drive housing that enables quick access for cleaning and service.

Specifications

Dimensions (L x W x H): 86 x 28 x 71 in / 218 x 71 x 180 cm

Product Weight: 333 lb / 151 kg

Max User Weight: 350 lb / 159 kg

Step-up Height: 8 in / 20 cm (pedal at lowest point)

Power: US & Canada: 120V/15A;

International: 240V, applicable country-specific power cord

Total Workouts: 16

Resistance Levels: 20

Ramp Angle: 10 - 35 degrees



Black Pearl



Apple Watch is a trademark of Apple Inc., registered in the U.S. and other countries and regions.

Languages: English, Arabic, Danish, Dutch, French, Finnish, German, Hebrew, Hindi, Italian, Japanese, Korean, Norwegian, Polish, Portuguese, Russian, Simplified Chinese, Spanish, Swedish, Traditional Chinese, Turkish, Welsh

Console Features: 16 in / 40.6 cm LCD Capacitive Touchscreen with wireless charging, audio jack, and Bluetooth® headphones

Smart Watch Connector: Apple Watch® and Samsung Galaxy Watch® wearable compatibility

Accessories: Integrated Reading Rack, Cable Management (Optional)

Warranty: Visit www.precor.com for warranty terms.